

Full Snow Moon

In LEO | February 5, 2023

After completing the meditation, **PRINT OUT** these pages and write down any insights, revelations and thoughts that came to you.



Dearest Grandmother Moon

Illuminate the shadows I keep,
Show me the fear shallowing my breath,
The anger building walls of distrust,
The sadness clouding my eyes to your beauty.

Drench my overwhelm with your moonlight,
To melt the frozen emotions in my heart,
To free the eternal rays of love's truth,
Reminding me again, of the miracle that I AM.

~ Eagle Embers, Kathy Murphy



What **EMOTIONS** did you release from your relationship?

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What was the relationship's PURPOSE revealed to you?



What did you experience as a LION?

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What did your JOURNEY as a LION reveal to you?



What other Insights, Revelations or Epiphanies emerged?